



**YOUR DOCTORS CARE**

71 Route 206  
Hillsborough, N.J. 08844  
(908) 685-1887

**NAME:** \_\_\_\_\_ **DOB:** \_\_\_\_\_ **Today's Date:** \_\_\_\_\_

*In the past three(3) months, have you been having any of the following? (CHECK ALL THAT APPLY)*

Constitutional	Cardiovascular	Reproductive	Psychiatric	Hemo/Lymphatic
Chills	Chest pain	<b>MALE</b>	Anxiety	Easy bleeding
Fatigue	Edema	Erectile dysfunction	Depression	Easy bruising
Fever	Palpitations	Penile discharge	Insomnia	Swollen glands
Malase	Pain in the leg(s)	Sexual dysfunction	Other:	Other
Night Sweats	Other:	Other:		
Weight Gain				
Weight Loss				
Other:	<b>Gastrointestinal</b>	<b>FEMALE</b>	<b>Integumentary</b>	<b>Immunologic</b>
	Abdominal pain	LMP: ___/___/___	Brittle hair	Contact allergy
	Blood in stools	Abnormal PAP	Brittle nails	Environmental allergies
<b>HEENT</b>	change in stools	Painful menses	Hair loss	Food allergies
Ear drainage	Constipation	Pain w/ intercourse	Unusual hair growth	Seasonal allergies
Ear pain	Diarrhea	Hot flashes	Hives	Other:
Eye discharge	Heartburn	Irregular menses	Itchy skin	
Eye pain	Loss of appetite	Vaginal discharge	Mole changes	<b>Neurological</b>
Hearing loss	Nausea	Other:	Rash	Dizziness
Nasal discharge	Vomiting		Skin lesions	Numbness
Sinus pressure	Other:	<b>Metabolic/Endocrine</b>	Other:	Loss of strength
Sore throat		Cold intolerance		Trouble walking
Visual changes		Heat intolerance	<b>Musculoskeletal</b>	Headaches
Other:	<b>Genitourinary</b>	Excessive thirst	Back pain	Memory Loss
	Dribbling	Excessive hunger	Joint pain	Seizures
	Difficulty urinating	Other:	Joint swelling	Tremors
<b>Respiratory</b>	Blood in urine		Muscle weakness	Other:
Chronic cough	excessive urination		Neck pain	
cough	slow stream		Other:	
Known TB exposure	Urinary frequency			
Shortness of breath	Urinary incontinence			
Wheezing	Urinary retention			
Other:	Other			

**Immunizations:**

Flu- Date:		Pneumovax (Pneumonia Vac) Date:
Tetanus- Date:		Other:
Shingles vaccine- Date:		Other:
Varicella (chicken pox) Date:		Other:

Have you had any falls in the past year?  No  Yes How many? \_\_\_\_\_

Have you been seen in the Emergency room in the past year?  No  Yes How many times? \_\_\_\_\_



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Have you ever used tobacco?	<input type="checkbox"/> Never	<input type="checkbox"/> Current	<input type="checkbox"/> Former
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If current or former, what type(s)

<input type="checkbox"/> Cigarette	<input type="checkbox"/> Cigarillo	<input type="checkbox"/> Cigar	<input type="checkbox"/> Pipe	<input type="checkbox"/> Snuff
<input type="checkbox"/> Chewing	<input type="checkbox"/> Smokeless			

Years used:	Age started	Age stopped	<input type="checkbox"/> Use everyday	<input type="checkbox"/> Use sometimes
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Have you ever had pasive smoke exposure?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
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Do you drink alcohol?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
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Type of alcohol:	<input type="checkbox"/> Beer	<input type="checkbox"/> Liquor	<input type="checkbox"/> Wine	<input type="checkbox"/> Other
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Frequency	<input type="checkbox"/> Daily	<input type="checkbox"/> Weekly	<input type="checkbox"/> Monthly	<input type="checkbox"/> Yearly
	<input type="checkbox"/> Occasionally	<input type="checkbox"/> Rarely	<input type="checkbox"/> Socially	

Do you drink/consume caffeine?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
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Type of Caffeine	<input type="checkbox"/> Coffee	<input type="checkbox"/> Tea	<input type="checkbox"/> Soda	<input type="checkbox"/> Chocolate
	<input type="checkbox"/> Energy Drinks			

On average how much caffeine is consumed per day?	<input type="text" value="Cups/amount"/>
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What is your activity level?	<input type="checkbox"/> Sedentary	<input type="checkbox"/> Moderate	<input type="checkbox"/> Vigorous
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Are you a health club member?	<input type="checkbox"/> Now	<input type="checkbox"/> Previously	<input type="checkbox"/> Never
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Do you exercise?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
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Type of exercise?	<input type="text"/>
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Frequency of exercise?	<input type="checkbox"/> 2-3 times/week	<input type="checkbox"/> 3-4 times/week	<input type="checkbox"/> Daily	<input type="checkbox"/> occasional
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What is your marital status?	<input type="checkbox"/> Single	<input type="checkbox"/> Married	<input type="checkbox"/> Divorced
	<input type="checkbox"/> Domestic Partner	Other:	

Do you have a religious affiliation?	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Religion:
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Are you legally blind?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
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Do you have permanent hearing loss?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
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Are there any medical condition that run in your immediate family? ( Parents, Siblings, Grandparents, Aunts, Uncles.)

	Relationship
<input type="checkbox"/> ADD/ADHD	
<input type="checkbox"/> Alcoholism	
<input type="checkbox"/> Alzheimer's	
<input type="checkbox"/> Arthritis	
<input type="checkbox"/> Asthma	
<input type="checkbox"/> Blood disorder	
<input type="checkbox"/> Cardiovascular Disease	
<input type="checkbox"/> Cholesterol	
<input type="checkbox"/> Coronary Artery Disease	
<input type="checkbox"/> Depression	
<input type="checkbox"/> Developmental Delay	
<input type="checkbox"/> Diabetes	
<input type="checkbox"/> Hypertension	

	Relationship
<input type="checkbox"/> Irritable Bowel	
<input type="checkbox"/> Learning disability	
<input type="checkbox"/> Mental illness	
<input type="checkbox"/> migranes	
<input type="checkbox"/> obesity	
<input type="checkbox"/> osteoporosis	
<input type="checkbox"/> Vascular disease	
<input type="checkbox"/> Renal disease	
<input type="checkbox"/> seizure disorder	
<input type="checkbox"/> Stroke	
<input type="checkbox"/> Thyroid Disorder	
<input type="checkbox"/> Cancer:	
<input type="checkbox"/> type	

Other:(list below)